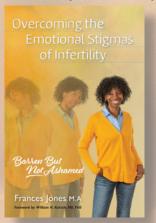
## She Tackles Taboo Topic

of INFERTILITY
With
Heart and Honesty



Frances Jones is a speaker, bestselling author and transformational coach. She holds master's degrees from the University of Mississippi in accounting



and educational leadership. She is a certified professional coach and Energy Leadership Index master practitioner. Frances is the former Executive

Channel Producer and TV show host of the NSpire Together TV show which is part of the Women Win Network. She specializes in infertility coaching and has more than 20 years of personal infertility experience. She uses her story and the empowering lessons she learned to inspire, motivate, encourage, and help others who are dealing with negative emotions and stigmas associated with fertility challenges as well as other emotional and mental obstacles.

Frances is the founder and CEO of Heart Desires Fulfillment Coaching, LLC. She recently appeared live on Fox Soul's The Tammi Mac Late Show to discuss Black women and infertility. Her book, Overcoming the Emotional Stigmas of Infertility: Barren But Not Ashamed, is available on Amazon.

## **Show Ideas**

Frances Jones
SPEAKER, AUTHOR

- Do We Need to Treat Childless Couples Better?
- 3 Questions You Should Never Ask People\*
- 3 Ways to Support Your Spouse During Infertility
- How to Recognize Possible Infertility Signs
- Is Adoption Always the Answer to Infertility?

## **Praise for Frances Jones**

"Thank you, Frances Jones, for sharing your story to help increase awareness and shatter the stigmas that surround this issue." — Lora Shahine, M.D.,

Director of Patient Experience and Outreach, Pacific NW Fertility; clinical assistant professor, University of Washington; author of Not Broken: An Approachable Guide to Miscarriage and Recurrent Pregnancy Loss

"I admire her strength and determination as she pulled herself out of that darkness and chose to light the way with hope for others traveling this uncertain path." —

Danette Kubanda, Emmy Winning television producer











Giddy



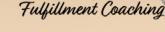


Heart Desires 🦬







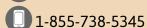








frances@heartdesirescoaching.com



Based in Memphis, Tennessee