

She Teaches How to Overcome Obstacles

to Reach Your

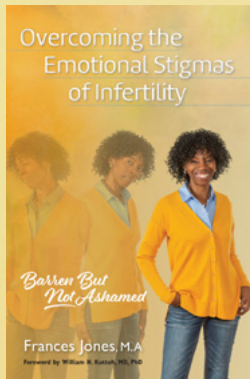
MAXIMUM Potential



Frances Jones
SPEAKER, AUTHOR

Just as she does in her business, Frances Jones, speaker, 2X bestselling author, and transformational coach, helps audience members identify and fulfill their dreams by overcoming obstacles like negative thinking and hiding behind excuses. By listening to Frances and her upbeat approach to life your listeners will discover how to find the courage to step out of their comfort zone to do the things they always dreamed of and to say yes to their divine purpose.

Frances is a certified professional coach, Energy Leadership Index master practitioner, and the CEO/Founder of Heart Desires Fulfillment Coaching, LLC. She is the host of the NSpire Together TV show formerly powered by the Women Win Network. Her show focuses on everyday women with everyday stories inspiring others to be their best selves.



Frances has more than twenty years of personal infertility experience. She uses her story and the empowering lessons she learned to inspire, motivate, and help others who are dealing with negative emotions and stigmas associated with hurtful life events. She is a highly sought-after speaker for various Women Empowerment summits, sharing virtual stages with Les Brown, Dr. Cheryl Wood, Cora Jakes-Coleman, and Dr. Gary Chapman. She recently appeared live on Fox Soul's The Tammi Mac Late Show to discuss Black infertility. Her book, **Overcoming the Emotional Stigmas of Infertility: Barren but Not Ashamed**, is available on many online retail bookstores.

Story Ideas

- 🌀 Why you don't have to have a large following to be an influencer
- 🌀 Why the inability to have children should not cause embarrassment
- 🌀 How to reclaim your life when you have lost yourself
- 🌀 How to Fearlessly Step into Your Gifts and Talents - Eliminate the Roadblocks
- 🌀 Finding Hidden Blessings in Your Everyday Life

Praise for Frances Jones

"I admire her strength and determination as she pulled herself out of that darkness and chose to light the way with hope for others traveling this uncertain path."

— Danette Kubanda,
Emmy-Winning television producer

"Thank you, Frances Jones, for sharing your story to help increase awareness and shatter the stigmas that surround this issue." — Lora Shahine, M.D., Director of Patient Experience and Outreach, Pacific NW Fertility; clinical assistant professor, University of Washington; author of **Not Broken: An Approachable Guide to Miscarriage and Recurrent Pregnancy Loss**



Contact Frances

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